

Niagara Falls Lightning Gymnastic Club

Board of Directors Nomination Form

Please complete this form in full. Nominations will be reviewed by the Nominating Committee as outlined in the Club's by-laws. This form must be submitted by August 15, 2025 in order to run for election at the Annual General Meeting (AGM) held in September.

Duties and Responsibilities of Board Members

Board Members of a non-profit organization are legally and ethically responsible for overseeing the Club's activities. They must act honestly, in good faith, and in the best interests of the Club.

Responsibilities include:

- Attend and contribute at regular Board meetings
- Read documents in advance and come prepared to discuss agenda items
- Help set strategic direction and approve policies
- Oversee financial performance and risk management
- Ensure compliance with ONCA and Club by-laws
- Avoid conflicts of interest and maintain confidentiality
- Act as ambassadors for the Club in the community

As the NFLGC board is a working board, Board Members are expected to assume leadership in at least one functional area (e.g. Officer position, fundraising, bingo/volunteer coordination, staff liaison, facilities, marketing, etc.)

The Board meets monthly, either in person or virtually. Occasionally, additional meetings are required to deal with urgent operational matters. Meetings are held in the evening and typically last from 1.5-2 hours. Total time commitment, including preparation for meetings and functional area duties can vary from 4-8 hours per month.

Additional information can be found on the Board of Directors page on Uplifter

[Board Meeting Minutes and Strategic Documents](#)

[Niagara Falls Lightning Gymnastic Club - By-Laws - 2025](#)

[2025-2026 NFLGC Strategic Plan](#)

Applicant Information

Full Name: _____

Phone Number: _____

Email Address: _____

Mailing Address: _____

Eligibility Confirmation

- ☐ I am 18 years of age or older
- ☐ I am not bankrupt and have not been found incapable under Ontario law
- ☐ I am not a paid employee of the Club
- ☐ I am not currently suspended by Gymnastics Ontario
- ☐ I agree to comply with the Club's By-Laws, policies, Gymnastics Ontario, and Safe Sport Canada

Nomination Consent

- ☐ I consent to be nominated for a position on the Board of Directors. If I cannot attend the AGM to stand for election, this form will serve as written consent.

Membership Status

- ☐ I am a member of Niagara Falls Lightning Gymnastic Club in good standing.
- ☐ I am a non-member*.

*Per the club by-laws, at least 2/3 of Directors shall be Members.

Experience and Motivation (new nominees only)

Please provide a paragraph explaining why you are interested in serving on the NFLGC Board of Directors and a short bio including any relevant experience in governance, leadership, community involvement, gymnastics or professional experience. This will be provided to the membership as part of the nomination package.

Signature

Signature: _____

Date: _____